

## Important Do's and Don'ts for Marchers!!!

This march and rally will be conducted in a peaceful and non-violent manner in accordance with the historic custom of the Civil Rights Movement. As invitees, participants agree to conduct themselves accordingly and to promptly obey instructions of the marshals at all times.

- DO know your bus number, Marshals and Bus Captains.
- DO look out for the elderly and the young.
- **DO** ignore any taunts and/or jeers from the public! Do not react to such in any manner by staring or using verbal/facial expressions.
- **DO** observe proper decorum at all times, demonstrating respect for and following instructions from marshals and law enforcement.
- **DO** direct media inquiries to spokespersons. Remember, nothing is ever "off the record."
- DO watch for people who join the march from the public and notify a Marshal.
- **DO** immediately report any altercation, unruly behavior, or persons deviating from the rules, to a Marshal.
- DO remain calm if any altercation or other disruption occurs.
- **DO** bring photo identification (driver's license, passport or other valid photo id) with you and keep it on your person at all times.
- **DO** keep all medications in prescription containers only. If you become ill or are injured, do report to a Marshal immediately for direction to an EMS station.
- DO eat a balanced meal before the march and drink <u>plenty</u> of water; avoid sodas
- **DO** wear a hat and *very* comfortable shoes.
- DO exit the demonstration area promptly at the end of the rally.
- DO NOT take any valuables with you.
- DO NOT engage in any arguing or be seen as threatening against commuters.
- **DO NOT** intimidate, threaten, ostracize or degrade anyone.
- **DO NOT** carry a pocket knife, nail file or any object which may be misconstrued as a weapon.
- **DO NOT** litter on the grounds of the stadium / location or along the march route.

Remember the ABC's: Always Be Cool!!!!